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Toronto metro

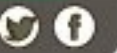


**CENSUS
SHOWS
TORONTO'S
GOTTA WORK
THE CORE**

metroNEWS

Your essential daily news | **THURSDAY, FEBRUARY 9, 2017**

High -4°C/Low -8°C Snow showers



MAKE OUR GARDINER GREEN
Creating a park in this space hailed as an important step toward transforming the waterfront
metroNEWS

This Gardiner Expressway ramp is being torn down to create a more walkable, cycle friendly Toronto.

LANCE MCMILLAN/METRO

Refugees fleeing Trump turning to Toronto

ASYLUM SEEKERS

**City doctor
says more than
50 treated in
the past month**



**Gilbert
Ngabo**
Metro | Toronto

A Toronto doctor who specializes in helping refugees has added his voice to calls for Canada to

open its doors to asylum seekers from the U.S.

The Scarborough-based Canadian Centre for Refugee and Immigration Healthcare has treated more than 50 people in the past month who came across the border illegally in the wake of Donald Trump's election, said Paul Caulford, the centre's director.

"They're desperately concerned that Trump will deport them," he said, noting the vast majority are women and children, most of them from Africa.

"They're all saying: 'I hid into a truck to get across because they're going to turn me away, and I can't be in the States because it's a horrible place and I can't return where I came from, which is famine and war and female genital mutilations.'"

A report from Harvard University Law School released Wednesday said America is no longer safe for asylum seekers.

Caulford himself has appealed to the minister of immigration with a letter highlighting the

crisis and arguing for an end to the Safe Third Country Agreement, which prevents people in the U.S. from applying for refugee status in Canada.

Last December, the clinic received four refugees who suffered frostbite as they were smuggled through the border and dropped off in GTA parks and highways among brutal weather conditions.

Caulford said recent arrivals often suffer from severe PTSD, headaches or respiratory issues.

He has asked the minister of immigration to speed up the process of providing refugees with healthcare insurance, so private clinics will not turn them away.

"I just don't want them to be vilified for trying to get to safety," he said.

Loly Rico of the FCJ Refugee Centre — a grassroots organization helping refugees file applications and access settlement services — said the numbers have been steadily creeping up every week, and the group is getting

more calls from people asking about how to apply for refugee status at the borders.

"The Trump immigration policies make them fear for their safety there," she said. "This is the time for Canada to open the doors even wider. We have the capacity to help these people."

**U.S. unsafe for refugees,
says Harvard review.
Ottawa pressured to end
border pact **metroNEWS****

It's settled: A portion of Honest Ed's will live on **metroNEWS**



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2016 CANADIAN CENSUS

The core of Toronto's growth

URBAN PLANNING

High-density zones in city encouraged to grow skyward

David Hains

Metro | Toronto

Toronto's growth continues to be concentrated in a handful of parts of the city, according to census data released Wednesday.

The downtown core along the waterfront and along the Yonge Street corridor saw a population boom since 2011, the year the last census was released.

Additional areas of the city that saw rapid growth included Etobicoke-Lakeshore, Yonge and Eglinton, and Willowdale in North York.

"For the most part it's expected," says Shauna Brail, the director of University of Toronto's urban studies program.

"I don't think there's anything particularly shocking" about where the growth occurred, she added.

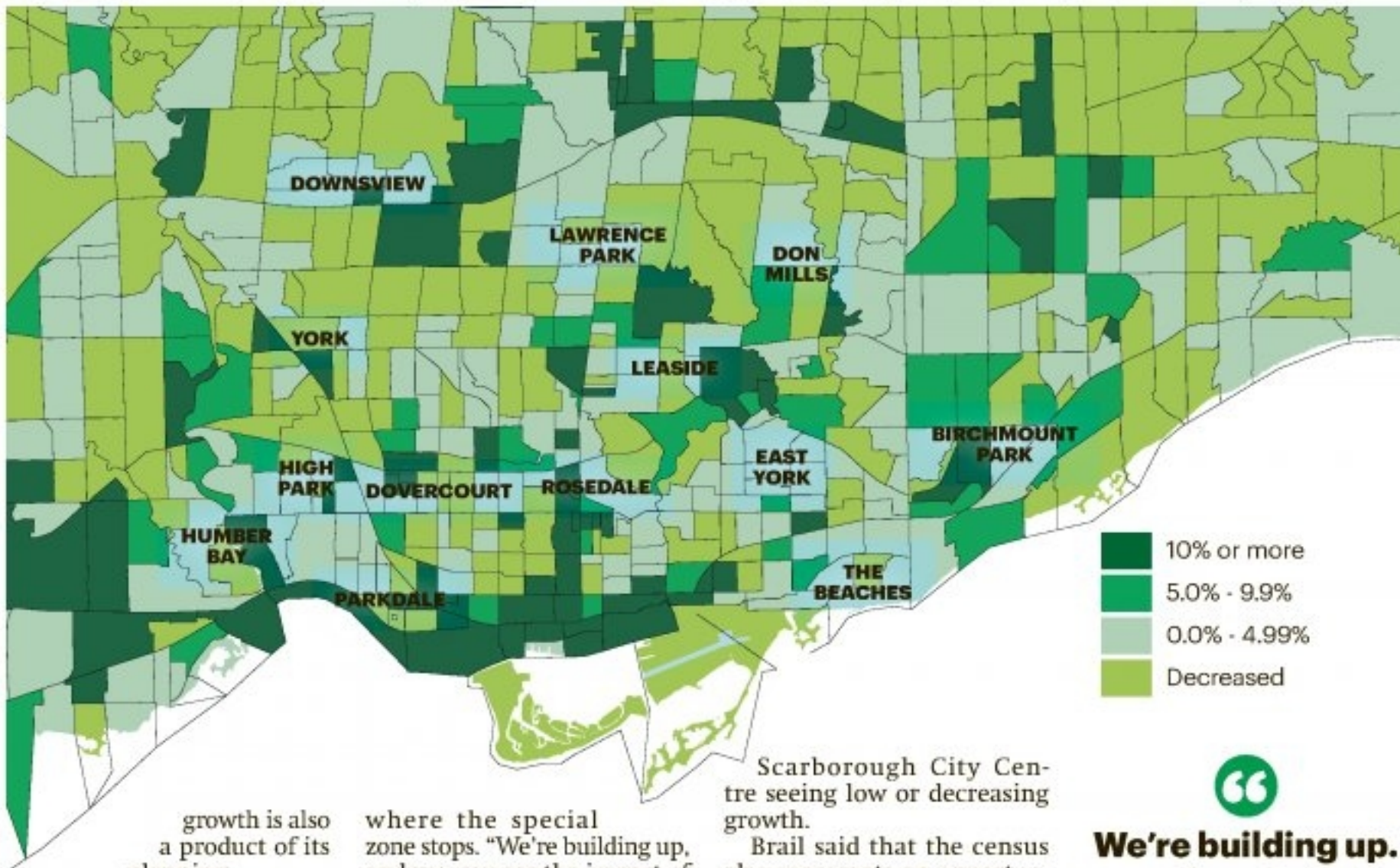
Toronto grew by 6.2 per cent since 2011, slightly above the national average of 5 per cent.

With 5.9 million people in the GTA, Toronto is the largest metropolitan area in the country.

The city's population

MAPPED | Population changes across the Greater Toronto Area

Data from the 2016 Census shows just how fast downtown is growing compared to other parts of the city and the GTA



growth is also a product of its planning.

The city's official plan encourages growth in high-density zones like the urban core, which enables taller condo construction.

This planning and zoning could help explain why the census population figures decrease west of Davenport

where the special zone stops. "We're building up, and you can see the impact of that" on the map, added Brail.

As of 2015, Toronto had more high-rise buildings under construction than any city in North America, according to a City of Toronto staff report.

Some parts of the city have not been successful meeting their official plan goals, with

Scarborough City Centre seeing low or decreasing growth.

Brail said that the census also represents an opportunity to use the data to see what policies are working, and what needs to change.

Among the fast-growing communities in Toronto are Leslieville (20.8 per cent), Lawrence Park (17.5 per cent), and Lawrence Heights (16 per cent).

“

We're building up.

Shauna Brail

Additional census details will be available in instalments throughout the year.

The city's planning department is studying the new data and plans to make its analysis public on Thursday.

MEANWHILE, IN THE EAST END

POPULATION DOWN

TORSTAR NEWS SERVICE FILE

The population is shrinking in more than a dozen neighbourhoods in the immediate vicinity of the planned one-stop Scarborough subway extension, raising fresh concerns about the viability of the \$3.2-billion transit project. Of 31 census tracts surrounding the planned location for the subway station at Scarborough Town Centre, the population of 18 declined over the previous five years.

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'Disappointed' in Tory

RECREATION

Mayor votes against pool funding despite Penny's plea



Gilbert Ngabo
Metro | Toronto

As far as East End parents are concerned, John Tory failed to deliver the gold.

After making a promise to Olympic gold medal-winning swimmer Penny Oleksiak to save the pool at S.H. Armstrong Community Centre, on Tuesday the mayor voted against providing funding.

"We're obviously very disappointed. We really thought we had that support going forward," said David Darling, whose two young daughters swim at the pool near Queen and Greenwood.

Council will have the final say on the matter when it votes on the budget next week.

After a proposed version of



Olympic gold medallist Penny Oleksiak took to Twitter after a budget proposal pledged to cut pool programs in an effort to save the centre. Mayor John Tory responded by saying he would find a way to save them, only to vote against a councillor's motion to provide funding. TORSTAR NEWS SERVICE

the city budget tabled various cuts to pool programs, Oleksiak took to Twitter to build support to save the pool.

John Tory responded to say he received the "gold medal message," and would ask his budget chief to find a way to

"The community is really being underserved."

David Darling

save the pools.

On Tuesday, he couldn't live up to the promise. Tory was among eight members of council who voted against local councillor Mary-Margaret McMahon's motion to fund the pool at an annual cost of

\$85K

Coun. Mary Margaret McMahon's proposal to fund the community pool would have **cost the city \$85,000 annually.**

\$85,000.

Tory's move left area residents dumbfounded.

"Wow. John Tory against," one resident wrote on the Facebook group rallying to save the pool. "Tweeting that he'll keep it open, then voting against doing that. Flopping around."

Darling said closing the pool would be taking away an important piece of the neighbourhood. Not only do children come there to swim, it's also a meeting place and many parents host their children's birthday parties there.

"The community is really being underserved with recreational resources," he said, noting other community centres around the area are "already overused. This is like a hidden little gem for us."



COURT

Woman accused in PATH stabbing fires lawyer

A woman facing a first-degree murder charge for allegedly stabbing a stranger to death in the underground PATH system in downtown Toronto fired her second lawyer during a court appearance Wednesday morning, 11 months before her trial is set to begin. Rohinie Bisesar, 41, is accused of randomly attacking Rosemarie Junior, 28, on the afternoon of Dec. 11, 2015 in a Shoppers Drug Mart beneath the Toronto-Dominion Centre.

TORSTAR NEWS SERVICE

POLITICS

MaRS hub to repay loan

The Ontario government's rescue mission to MaRS has proven successful — the medical-and-related-sciences hub is repaying a \$290-million loan three years early. MaRS Discovery District will announce Thursday that new investments from Manulife, Sun Life Financial, and iA Financial Group are enabling the repayment to Queen's Park.

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Honest Ed's heading for centre stage

PROPERTY

Famous store's sign likely to end up over the Mirvish theatre

A portion of the Honest Ed's sign will be saved and relocated when the former site of the iconic Toronto discount store is demolished in the spring, Mirvish Pro-

ductions announced Wednesday. The 30-foot-tall by 60-foot-wide sign from the corner of Markham and Bloor streets will be moved to the Ed Mirvish Theatre in the Yonge/Dundas neighbourhood, David Mirvish said. The sign, which was installed in six parts, will be dismantled and taken to a warehouse for refurbishing before being installed on a new steel frame on Victoria Street.

"It needs to be taken out of

town and needs body filler like a big plastic automobile," Mirvish told the Star in an interview. "Then we have to seal it up and remove the bulbs because otherwise it will rust out over the years." He said the repairs and installation will cost six figures but "had to bite the bullet."

"I was trying to avoid being sentimental because I lived through 75 years of this with the store and there were three different signs over the years but

this one was there the longest," he explained.

"I have a little drawing of my father's where he pretty much designed this piece of the sign so it's a direct link to Dad."

It is fitting that a sign from the original store, which made it possible for Honest Ed Mirvish to become a patron of Toronto's theatre arts, will now grace the venue that is named for him, Mirvish said.

TORSTAR NEWS SERVICE



The Honest Ed's sign will have a new home over the Victoria St. entrance to the Ed Mirvish Theatre. CONTRIBUTED ILLUSTRATION

FOOD

A&W makes business easier for millennials

Barmil Mallhi will open an A&W in The Junction on Feb. 23, under a new franchising model with the burger chain aimed at getting more millennials into the business.

"I always wanted to run my own business and I love food. I am a foodie person," said Mallhi, 30, a wife and mother of a five-year-old, whose educational background is in communications and public relations. Her restaurant at Dundas Street W. and Keele Street is near completion.

Mallhi moved to Toronto from Winnipeg to take advantage of the new franchise model, which offers millennials the opportunity to own a restaurant with an initial investment of \$125,000 to \$150,000, or about half the cost of a typical franchise.

"We launched it last year to really recruit younger millennial franchisees, who have energy, a lot of business experience, but really didn't have all of the business background and maybe not all of the capital that our traditional franchisee might have, and we wanted to create a program that really worked for them," said Susan Senecal, president and chief operating officer with A&W.

Under the millennial franchisee program, A&W invests in

building the restaurant, lowering the amount of the capital contribution required from the franchisee. "It comes back in rent, but the idea is that the franchisee doesn't need to come up with as much equity to start themselves out," said Senecal, who defines millennials as those born between 1980 and 2000.

In addition to the regular training program, the new franchisees also work for between four months and a year at an A&W, to learn the ropes. That way, they can also continue to earn an income while their restaurant is under construction. It also provides them with a mentor.

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Susan Senecal, right, COO of A&W, with Barmil Mallhi, an A&W Urban Franchise Associate. TORSTAR NEWS SERVICE

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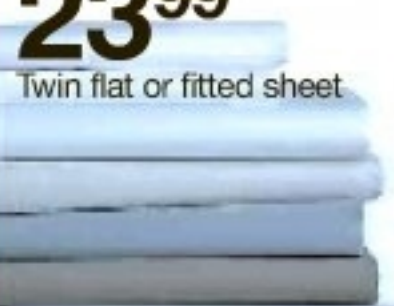
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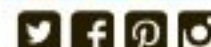
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Muslim ban dilemma

IMMIGRATION

Academics backing out of U.S.-based conferences



May Warren
Metro | Toronto

Victoria Tahmasebi-Birgani had been preparing for a university lecture for months.

Her flight was booked, hotel room reserved and posters for the talk were printed.

But then President Trump signed an executive order banning people from seven Muslim majority countries.

Canadian citizens are not supposed to be impacted by the ban, but her lawyer warned she might be detained entering the U.S. because she was born in Iran.

"I just didn't want to go through that humiliation," said Tahmasebi-Birgani, an assistant professor of Women and Gender Studies at the University of Toronto Mississauga, who was scheduled to speak at the University of Nevada, Reno.



Victoria Tahmasebi-Birgani was set to deliver a presentation on Iranian women's activism at a U.S. university, but she cancelled after the Muslim ban. EDUARDO LIMA/METRO

"I decided to cancel, and it was very painful."

It's the kind of dilemma many academics and international students are grappling with in the wake of the ban.

The University of Toronto will hold an emergency town hall Friday to discuss possible actions, which could include boycotting

conferences in the U.S.

Peter R. Herman, a professor of electrical and computer engineering, plans to speak at the town hall in solidarity with Tahmasebi-Birgani and others in similar situations.

An Iranian grad student who studies with him was also affected by Trump's Muslim ban.

+ PLEDGE

Hundreds of professors at universities across the country have joined more than 6,200 academics around the world pledging to stay away from international conferences held in the United States.

THE CANADIAN PRESS

The student was detained in San Francisco and sent back to Canada after the law came into effect mid-flight while he was on the way to a conference.

"There's something wrong with this immigration ban and it goes against what science is about for us," he said.

Ryerson University officials are also looking at how to react, and have offered moral support and legal advice to affected students, said Anver Saloojee, assistant vice-president of international at the school.

"There are faculty members who are saying ... the whole tone in the U.S. is not an inclusive tone, so they don't want to go to academic conferences or speaking events," he said.

HOUSING

Parkdale residents defy rent increase

For Sebastienne Incorvaia, what she pays for rent could mean the difference between putting food on the table and going hungry.

"It is hard, you know. The difference is do I buy all the food I need or do I eat cheese and toast for a lot of days?" says Incorvaia, 63, who has lived at 87 Jameson Ave. for five years and, like other residents of the Parkdale building, is facing a hefty rent increase.

Incorvaia and a group of fellow tenants are pushing back at efforts

to make them pay more to live in a building they say is in disrepair, with water, heating, bug and maintenance problems, and is inaccessible to people with mobility issues.

On Wednesday, they took their grievances to the sidewalk outside the offices of the Landlord and Tenant Board to formally oppose an application by building manager MetCap Living Management Inc. to raise the rent three per cent above provincial guide-

lines, each year for three years, to cover the costs of renovations to the 91-unit building.

While such increases are legal, they must be approved by the Landlord and Tenant Board. Tenant advocates say they are sometimes used to push out low-income tenants so landlords can

renovate and jack up the rent.

Brent Merrill, president of MetCap, said renovations and repairs to the balconies and the garage, a condensation unit, boilers and a fire

retrofit were needed to keep the 65-year-old building in safe and working order. The change to balcony railings, he said, was ordered by the city and current building codes meant additional renovations were required. The work happened in 2014 and cost more than \$1 million, according to tribunal documents.

Meanwhile, some of the tenants say they are not paying rent until their demands are met.

TORSTAR NEWS SERVICE



The tenants know that a rent increase of this size is an eviction by another name.

Simon Wallace, litigator

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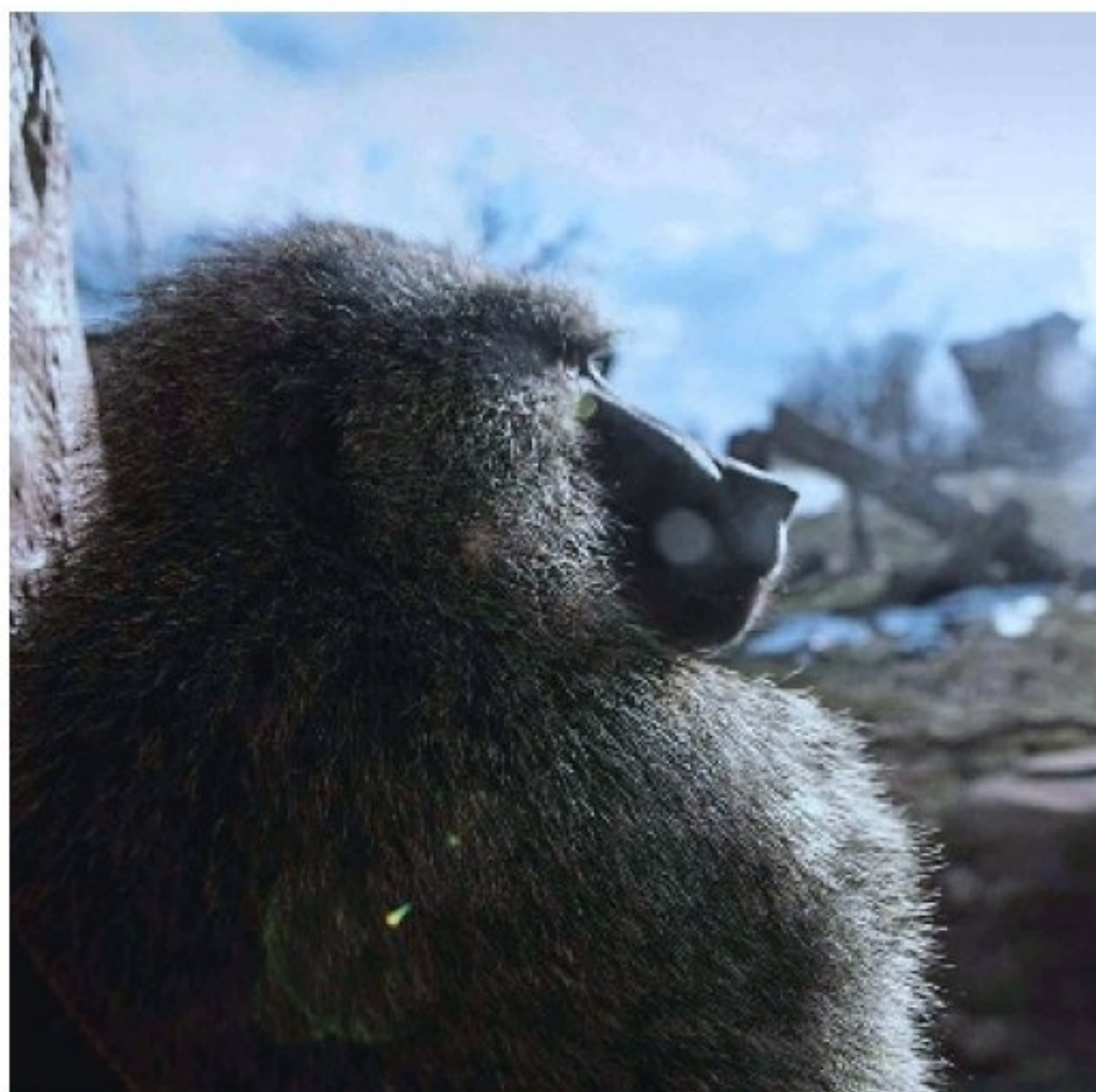
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A brutal battle for the throne of a baboon troop at the Toronto Zoo that erupted when the matriarch died became so vicious that staff intervened with hormone treatments to take "a little bit of an edge off" the fighting females. THE CANADIAN PRESS FILE

Unlikely victor in war of the baboon queens

TORONTO ZOO

Troop's eldest female grabs throne after matriarch dies

A brutal battle for the throne of a baboon troop at the Toronto Zoo that erupted when the matriarch died became so vicious that staff intervened with hormone treatments to take "a little bit of an edge off" the fighting females.

Medical records show that while the intervention in March of last year helped reduce the number of vicious attacks and resulting injuries, it also helped an unlikely female to emerge as queen in the baboons' game of thrones.

The fighting began shortly after the troop's leader, 16-year-old Betty, was euthanized.

Baboon troops are run by females, and their behaviour dictates that the matriarch's oldest daughter become queen. But zoo staff have said Betty's

oldest daughter, Molly, was still too young to assert her dominance when her mother died in December 2014.

Putsie, the troop's eldest female, saw an opportunity to grab the throne with support from her three daughters, Kate, Kristina and Kalamata.

Kalamata, who was at the bottom of the hierarchy one year ago, now wears the crown with her mother's blessing, said Maria Franke, the curator of the zoo's mammals.

Molly and her sister, Susan, became the victims of much of the fighting, which left them with numerous deep lacerations near their eyes and tails.

The fighting, which culminated in March last year, according to medical records obtained through freedom of information legislation, left Molly's tail so damaged part of it had to be amputated. It also led to dozens of injuries among the other females of

the 12-member troop, some that required surgery.

But Molly and Susan fought back, zoo staff said, targeting Kate, Kristina and Kalamata.

It's unclear exactly who inflicted which wounds on whom, as the attacks usually occurred at night, but the zoo said the factions were clear: Putsie, Kalamata, Kate and Kristina on one side and Molly and Susan on the other.

"Molly didn't have the backing," Franke said. In total, Molly's been injured at least 17 times over the past two

years, the records show.

After 14 months of bloody fighting, zoo staff decided to give hormonal contraception to all of the females on March 14, 2016, the records show.

Staff surgically implanted devices that suppress estrus — which the zoo refers to as "cycling" — and the hormonal surges that go along with it.

THE CANADIAN PRESS



Molly didn't have the backing.

Maria Franke

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The ramp connecting eastbound lanes of the Gardiner expressway to York, Bay and Yonge streets is in poor condition and needs to come down, the city says. LANCE MCMILLAN/FOR METRO

Paving the way for more green space

INFRASTRUCTURE

City to shorten ramp and add park east of York Street



May Warren
Metro | Toronto

A little less concrete and a little more green space.

That's the plan as the city prepares to tear down the ramp connecting eastbound lanes of the Gardiner expressway to York, Bay and Yonge streets.

The ramp, which will be

replaced with a shorter one connecting with Lower Simcoe, is in poor condition and needs to come down. But one of the main goals is improving the waterfront for pedestrians and cyclists, said Barbara Gray, the city's general manager of transportation.

The existing green space east of York Street will be redeveloped as a park, she said.

Gray noted the "significant" number of people who walk or bike through the area — even "in the dead of winter" — as they make their way to nearby condos or Union Station.

"It's a lovely space and I think once the circular ramp is gone it's going to be a tremendous opportunity to con-

nect the green space and the waterfront back into the main part of downtown," she added.

The ramp will close April 17 so work can start. The \$30-million project is expected to be finished in January.

Urban designer Ken Greenberg praised the project as an important step in transforming the waterfront.

"We're moving away from a world that was created in the middle of the 20th century in an industrial era, for automobiles, with no idea that people would be living and working there," he said.

The project may cause some short-term pain with road closures, but "it's absolutely essential," he said.

REVITALIZATION

Visitor access to be a walk in the park



Gilbert Ngabo
Metro | Toronto

Walking in Guild Park is about to get a whole lot better.

A \$60,000 plan proposed in the city's 2017 budget could revamp a 10-kilometre network of pathways and trails.

John Mason leads the Friends of Guild Park and Gardens community group, and he says the revitalization for the park in southwest Scarborough is long overdue.

"There has been no real over-

all plan since the park became a public space in 1978," he said. The existing pathways are made of stone, brick, dirt, gravel or wood chips. The inconsistency makes it difficult for visitors, especially parents with strollers or seniors using walkers, to use the path, Mason added.

The plan is expected to improve the park's accessibility by adding benches and public washrooms — event organizers usually use portable washrooms.

It coincides with the Guild Inn Estate restaurant opening this spring.

CRIME

Police in jam over berry burglary in Hamilton

Police in Hamilton say someone has made off with a lot of blueberries.

Investigators say a refrigerated tractor-trailer containing an estimated \$100,000 worth of blueberries and some fruit was stolen in Hamilton on Sunday.

They say the transport was driven into the Toronto area. The truck has been recovered but the trailer and the blueberries are missing. Police posted "have you seen these berries?" across social media. THE CANADIAN PRESS

Ottawa pressured to end border pact

ASYLUM

U.S. is unsafe for refugees, Harvard review says

A growing chorus of legal experts on both sides of the border is calling on Ottawa to suspend a bilateral pact that bans asylum seekers from crossing border for protection, warning the U.S. is unsafe for refugees.

A Harvard University Law School review is the latest to warn about the negative effect of U.S. President Donald Trump's executive orders on refugees, and is urging Prime Minister Justin Trudeau to reconsider the Safe Third Country Agreement.

The report, released Wednesday by Harvard's immigration and refugee clinical program, comes on the heels of the arrival of 22 asylum seekers from North Dakota, including a child and a baby, caught walking in

We are not going to tell the Canadian government what to do, but the finding that the U.S. is safe is wrong and unfounded, and should be blown out of the water.

Deborah Anker

thick snow across an unguarded border into Manitoba last weekend.

It also echoed the recent calls on Canada by refugee advocates, immigration lawyers and academics to suspend the treaty.

"The new policies allow any state and local enforcement official, not just trained federal agents, to pick people up on mere suspicion, detain them in any remote location, subject them to an expedited removal process, where many if not most will be unable to express their fear of return and be

screened," said Deborah Anker, head of the Harvard program.

"We are not going to tell the Canadian government what to do, but the finding that the U.S. is safe is wrong and unfounded, and should be blown out of the water."

In the House of Commons on Wednesday, Trudeau said he was "very concerned" about asylum seekers attempting to reach Canada on foot, but refused to answer if the government would remove the safe country designation of the U.S.

TORSTAR NEWS SERVICE

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'60S SCOOP

Feds try to delay ruling

After trying for years to have a class-action lawsuit from '60s Scoop survivors thrown out, Ottawa is now asking a Toronto judge to hold off on his ruling as Indigenous Affairs Minister Carolyn Bennett wants to start talks on a settlement.

TORSTAR NEWS SERVICE

FASHION

Sophie on mag's cover

Sophie Grégoire-Trudeau will appear on the cover of Fashion magazine's March issue, talking about women's rights, her advocacy work and getting personal about her recovery from bulimia.



feminist-themed issue will hit news stands on Feb. 13.

For the feature, Grégoire-Trudeau was photographed in Ottawa at the National Gallery of Canada wearing a range of outfits by Canadian designers.

The Canadian magazine's TORSTAR NEWS SERVICE

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2016 CANADIAN CENSUS

Census data shows cities need



David Hains
Metro | Toronto

Canada's cities continue to be hotbeds for growth.

Census data released Wednesday confirms what mayors in major Canadian municipalities have been hammering home: Cities need more money to support the boom.

"The challenge is how do we make room for all these people," University of Toronto urban planning professor Matti Siemiatycki told Metro. "We need infrastructure investment that supports our urban quality of life."

Members of the Big City Mayors' Caucus highlighted infrastructure challenges in a late January meeting in Ottawa. Their priority recommendations for the next federal budget included transit and affordable housing, which are common issues across Canadian cities.

But less visible issues like water infrastructure, sewage capacity and the electric grid also need attention, Siemiatycki said.

The census data shows that Canadian cities are growing in two significant ways, Siemiatycki said. Downtown cores grew as highrises continue to be built. At the same time, suburban commuter communities also got larger as Canadians sought affordable housing.

Western cities led the way, with Calgary, Edmonton, and Saskatoon showing double-digit population growth compared to the last census in 2011.

Overall, Canada's population increased 5 per cent over the past five years with more than one third of people now living in the Toronto, Montreal and Vancouver metropolitan areas.

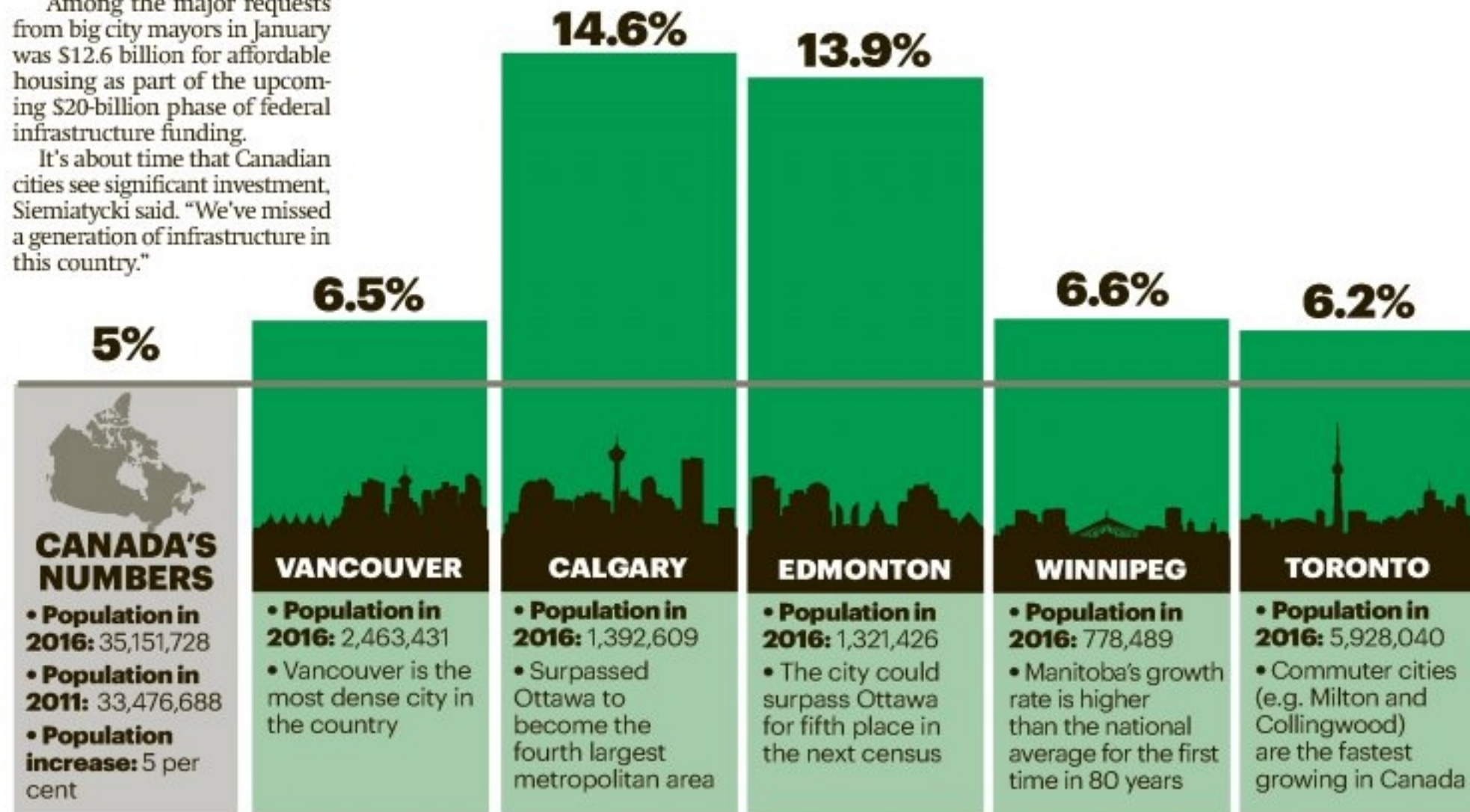
Atlantic Canada grew less than the national average, with Halifax growing at 3.3 per cent. St. John, New Brunswick was the only major city to see a population decline, with 2.2 per cent fewer people compared to 2011.

In 2015, the federal government promised \$186 billion in infrastructure spending, with priorities on transit, trade and transportation, green initiatives, and social infrastructure like af-

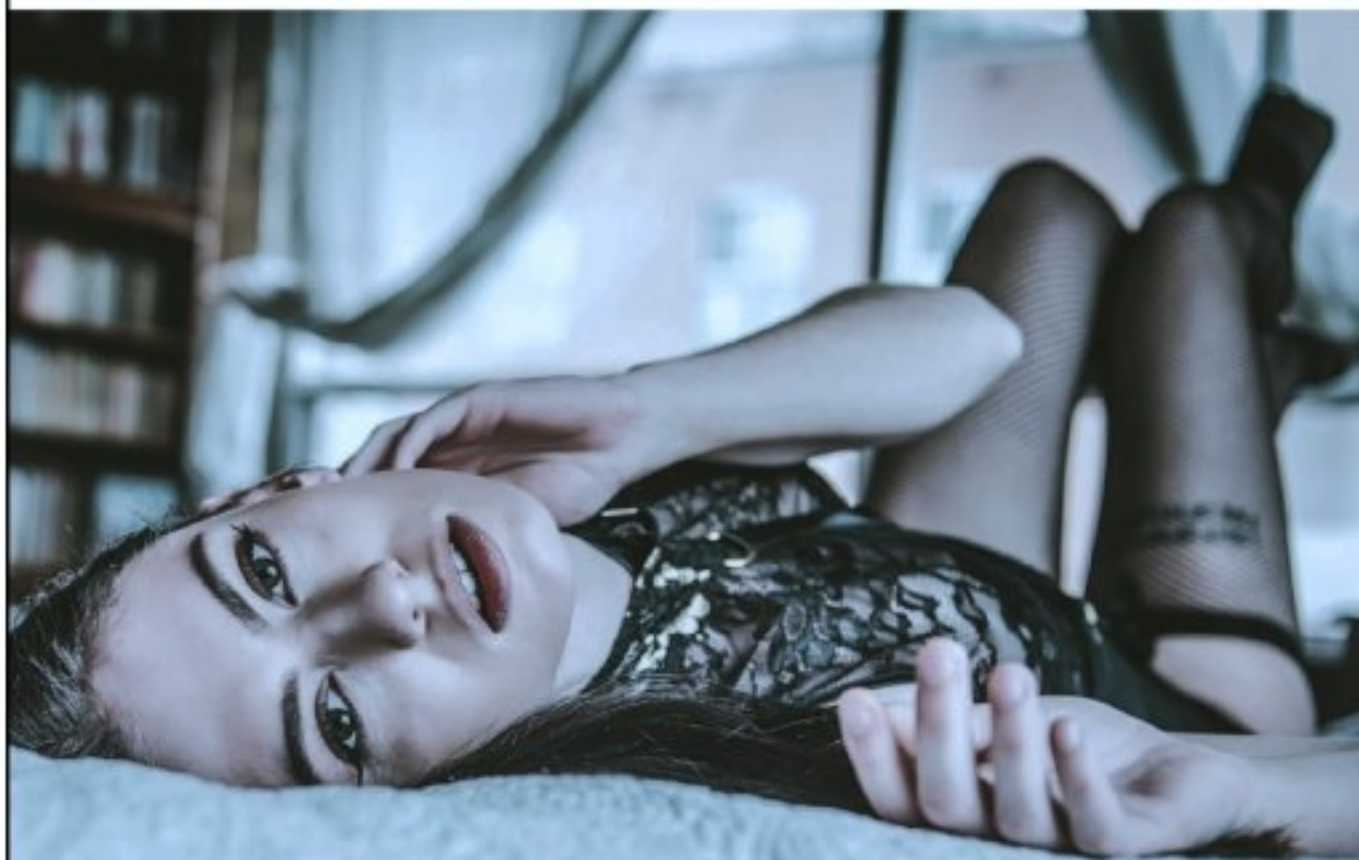
fordable housing and child care.

Among the major requests from big city mayors in January was \$12.6 billion for affordable housing as part of the upcoming \$20-billion phase of federal infrastructure funding.

It's about time that Canadian cities see significant investment, Siemiatycki said. "We've missed a generation of infrastructure in this country."



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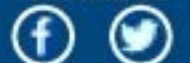
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2016 CANADIAN CENSUS

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WHAT THE DATA SAYS:

The census is telling us that Canadian cities are growing in two significant ways: Downtown cores are growing as highrises continue to be built, while suburban communities are getting larger as many seek affordable housing.

5.5%

OTTAWA

• Population in 2016: 1,323,783

• Some of the city's oldest neighbourhoods are showing stagnant growth

3.3%

HALIFAX

• Population in 2016: 403,390

• Nova Scotia's population only increased by 0.2 per cent

Data at a glance

1 Data was collected in 2016, with many Canadians celebrating the return of the long-form census.

2 The data is being released in seven stages, with Wednesday's representing population and dwellings.

3 In May, Statistics Canada will release data on age and sex, to be followed in August by household and marital status data.

4 The data will assist decision-making across all levels of government and provide sociologists, demographers, urban planners and businesses with information.

METRO AND THE CANADIAN PRESS

Fertility rate continues to put onus on immigration

After Debbie Clarke's first child had reached the "terrible twos," she and her husband decided their family of three was big enough — adding a sibling would be just too much.

"At the time I was working really late hours and I just didn't think it was fair to have another child," said Clarke of Mississauga, Ont., whose son Austin is now 15.

"When he was younger it was very hectic because I had to work nights. My husband worked days. I thought to myself, 'You know what? I have to do what I think I can handle physically, emotionally financially ... I think one is good enough for me.'"

Clarke is among a growing proportion of Canadian women choosing to have only one child — or none at all. And that trend towards limited child-bearing is increasingly reflected in Canada's average fertility rate, which 2016 census figures released Wednesday have pegged at 1.6, slightly higher than the 1.59 posted by Statistics Canada three years earlier.

One outlier? Nunavut, which is home to the highest fertility rates in Canada: women there give birth to 2.9 children on average, fuelling the territory's growth rate of 12.7 per cent, the highest in the country.

“The longer you delay having the first, the shorter the window you have to have more.”
Nora Spinks

The fertility rate refers to the number of children a hypothetical woman would have over the course of her reproductive life, based on females aged 15 to 49.

In Canada, that rate has been steadily falling over the last several decades: 1971 was the last year when the average number of children matched the 2.1 replacement level needed for the population to renew itself, without being bolstered by immigration.

"The first thing to think about

is this is an average, so we still have a few families that have five and six children, and increasingly we have families who have none," said Nora Spinks, CEO of the Vanier Institute of the Family.

More women are choosing to start a family later in life, compared to earlier generations. In the 1960s, for instance, the average age for a first birth was about 22. Today, that age has been pushed to 30 and beyond.

THE CANADIAN PRESS

Growth rate of new dwellings slowing

The number of private dwellings in Canada continues to rise, though the rate of growth has slowed down over the last 15 years, 2016 census data shows.

From 2011 to 2016, the number of dwellings in the country — defined as "a set of living quarters with a private entrance" — grew 5.6 per cent to more than 14 million,

slightly higher than the 5 per cent population growth over the five-year period.

That's down from a growth rate of 7.1 per cent between 2006 and 2011. From 2001 to 2006, the rate of dwellings growth was even higher: 7.5 per cent.

"It's slowing down," said Johanne Denis, director general of census data analysis at

Statistics Canada. She added, however, that the data released Wednesday doesn't include the types of dwellings — whether more people are living alone or in apartments or houses, for example — and she couldn't speculate on why the growth rate in dwellings has been slowing down in the 21st century.

"We really need to look at household composition to bet-

ter understand this," she said.

From 2011 to 2016, Nunavut saw the fastest rate of growth for any province or territory, in line with its increase in population, at 13.4 per cent from 2011 to 2016, the data shows. That's followed by Alberta, with 9.9 per cent more dwellings, and the Yukon's 7.8 per cent growth rate.

TORSTAR NEWS SERVICE

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Rebuke raises senator's status

U.S. POLITICS

Silencing by GOP takes on overtones of race, gender

The turbulent debate in the U.S. over race, gender and free speech consumed the normally staid Senate on Wednesday after the GOP majority voted to silence Sen. Elizabeth Warren, abruptly elevating her celebrity status at a moment when liberals are hungry for a leader to take on Donald Trump.

The highly unusual rebuke of the Massachusetts Democrat came as the Senate weighed President Trump's nominee for attorney general, GOP Sen. Jeff Sessions of Alabama, who seemed headed toward a nearly party-line confirmation Wednesday evening. It also gave frustrated Democrats a rallying cry weeks into a presidency that is dividing the country like few before.

"I certainly hope that this anti-free-speech attitude is not travelling down Pennsylvania Avenue to our great chamber,"



Sen. Elizabeth Warren reacts to being rebuked by the Senate in Washington on Wednesday. The moment inspired a Twitter hashtag, #LetLizSpeak. SCOTT APPLEWHITE/THE ASSOCIATED PRESS

Senate Minority Leader Chuck Schumer of New York warned.

The debate immediately took on overtones of race and gender. Warren was rebuked as she was reading a letter by Martin Luther King Jr.'s widow, Coretta Scott King, opposing Sessions' ultimately unsuccessful

nomination to a federal judgeship in 1986.

Warren was chastised under a little-used Senate regulation, Rule 19, which bars any senator from impugning the motives of any other.

Several male Democratic senators stood up and read

from the same letter but without drawing objections, leading Democratic activists to proclaim that Senate Republicans were interested only in silencing a woman.

Democrats challenged Majority Leader Mitch McConnell's ruling, but the GOP voted to

By silencing Elizabeth Warren, the GOP gave women around the world a rallying cry.

Democratic Sen. Kamala Harris of California, on Twitter

uphold it, barring Warren from speaking on the floor throughout the remainder of the debate over Sessions.

"She was given an explanation. Nevertheless, she persisted," McConnell said in words that sparked still more liberal outrage and Twitter hashtags. Hillary Clinton referenced McConnell's comment about Warren persisting, adding in a tweet: "So must we all."

In the aftermath Democrats expressed outrage that Warren had been silenced while quoting from the words of a civil rights hero, as a party that's struggled over the best way to challenge Trump found something all could agree on.

THE ASSOCIATED PRESS

IMMIGRATION

Muslim ban now in hands of judges

A federal appeals court will decide whether to reinstate President Donald Trump's travel ban after a contentious hearing in which the judges hammered away at the administration's motivations for the ban, but also directed pointed questions to an attorney for two states trying to overturn it.

It was unclear which way the three judges of the San Francisco-based 9th Circuit Court of Appeals would rule, though legal experts said the states appeared to have the edge.

A ruling could come as early as Wednesday and could be appealed to the U.S. Supreme Court.

The appeals court challenged the administration's claim that the ban was motivated by terrorism fears, but it also questioned the argument of an attorney challenging the executive order on grounds that it unconstitutionally targeted Muslims.

THE ASSOCIATED PRESS

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Trump counsellor Kellyanne Conway said "He doesn't tweet about everything" when asked why the president hasn't tweeted about the Quebec City massacre. AFP/GETTY IMAGES FILE

Conway defends Trump's silence

TERRORISM

President has been mum on Quebec City mosque attack

U.S. President Donald Trump "doesn't tweet about everything," one of his top aides said Tuesday in trying to explain his silence on the terrorist massacre of six people at a Quebec City mosque.

Trump's spokesman and defence secretary have publicly expressed their condolences to Canada. But the president's decision to avoid any comment of his own has come under renewed American scrutiny in the wake of his false accusation that the media is ignoring terror attacks committed by Islamic extremists.

CNN host Jake Tapper pressed Trump counsellor Kellyanne Conway on Tuesday.

"In Quebec City last week, a white right-wing terrorist opened fire on a mosque. A mosque filled with innocent men, woman and children. Six people were killed. President Trump has not said or

tweeted one public word about this," Tapper said. "You want to talk about ignoring terrorism? Why hasn't the president offered his sympathy to our neighbours in the north?"

"I know he's sympathetic to any loss of life," Conway responded. "It's completely senseless and it needs to stop regardless of who is lodging the attack. We of course are very sad about loss of life here."

She continued, "I will ask him. He doesn't tweet about everything. He doesn't make a comment about everything."

The morning after Conway's remarks, Trump tweeted a complaint related to his daughter's clothing business.

"My daughter Ivanka has been treated so unfairly by @Nordstrom. She is a great person — always pushing me to do the right thing! Terrible!" he wrote.

Trump is known for his prolific use of Twitter to discuss trivial matters. Since the mosque shooting on Jan. 29, he has tweeted insults of the New York Times, congratulated the winners of the Super Bowl, and disparaged Arnold Schwarzenegger, among other things. He also publicized

+ RESPONSE

This is the second way in which the administration's response to the attack has been criticized.

After conveying sympathies to Canada, Trump's press secretary, Sean Spicer, implausibly attempted to use the attack on Muslims to justify Trump's ban on entrants from seven mostly Muslim countries.

an attempted attack near the Louvre art museum in Paris, in which nobody was killed, calling the machete attacker "a new radical Islamic terrorist" and urging America to "get smart."

Trump, who employed regular anti-Muslim bigotry during his campaign, has relentlessly emphasized the threat of Islamic extremism while saying almost nothing about other threats. The man charged in the Quebec attack, Alexandre Bissonnette, has been alleged to have expressed right-wing views online.

TORSTAR NEWS SERVICE

SPACE TRAVEL

NASA mission to take humans around moon — and beyond

The European Space Agency says it will contribute key components for a future NASA mission to take humans around the moon within the next few years.

Astronauts haven't gone beyond a low orbit around Earth since 1972, when NASA ended

its Apollo program.

The European Space Agency and aerospace company Airbus have already delivered a propulsion and supply module for an unmanned flight of NASA's new Orion spacecraft next year.

The agency said Wednesday that it and Airbus have now

agreed with NASA to build a module for a second, manned mission that will fly around the moon as early as 2021.

Orion is eventually intended to expand human exploration to deep-space destinations such as Mars or asteroids.

THE ASSOCIATED PRESS

BOOST FAT BURNING

THE POWERFUL SLIMMING EFFECT OF HEAT

Are you looking for a smart way to burn body fat on a daily basis? Scientists have found that a natural food substance in chili has powerful effects on body fat levels. The key is in heat production.



Our body has two types of fat tissue; White and Brown. White fat is passive and just stores fat on your body. But brown adipose fat tissue (BAT) regulates the burning of calories for heat. Brown fat was thought to only be active in infants, to stay warm, but studies are showing that BAT can still be active in adults and the more active it is, the thinner they are!

HOW DO WE ACTIVATE BROWN FAT?

Freezing your body is one way (cold showers,

exposure to ice etc.), but luckily, this is not the only way. BAT is also activated by a natural ingredient called capsaicin – the chili compound that makes hot peppers hot. Add chili to a meal and you increase fat burning up to 150%.*

ADDING EGCG FROM GREEN TEA TO MAKE A "SUPER FAT BURNER"

The problem though, is that for best results, you need to add chili to most meals.* Since this is not practical, New Nordic has designed a tablet called Chili Burn™, containing

the ideal amounts of chili pepper for fat burning. But to increase the power of the tablet, we added green tea and chromium, which have long been used and proven to promote slimming, especially around the belly.* Take one tablet with your morning and mid day meal, and you are on your way to a leaner you.

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CHANTAL HÉBERT ON THE CENSUS



Flirting with anti-immigration sentiment may be a winning formula within parties whose membership is reminiscent of a less diverse federation but it stands to be a recipe for disaster in 21st-century Canada

The population of every province west of Ontario is growing at a faster rate than the national average. The reverse is true of the five provinces east of Ontario. In the case of Atlantic Canada, the demographic shortfall is acute. New Brunswick's population shrank between 2011 and 2016 and the population of Nova Scotia's increased by a mere fraction of a percentage point.

The region is in the eye of a perfect storm. Its population is aging; it is losing people to more prosperous provinces; it does not attract nearly enough immigrants to make up the difference. This is not a trend that will be reversed overnight, if ever. It is not happening in isolation from the country's federal dynamics.

For the first time this year, the tradition of giving one of the nine seats on the Supreme Court to a judge from Atlantic Canada was called into question. It will not be the last time. The region is down to less than 10 per cent of the seats in the House of Commons. That proportion will continue to diminish as new seats are added to reflect demographic growth elsewhere in the country.

Going forward there might be a temptation to fight Atlantic Canada's battles in the Senate, the house of Parliament where its weight is artificially maintained. With less than seven per cent of the population, the region

There is no turning back the clock on the country's diversity.

is guaranteed 24 seats in the upper house. Ditto for the West, whose four provinces are now home to one in three Canadians. A makeup that so distorts the demographics of modern Canada does little to

ties whose membership is reminiscent of a less diverse federation but it stands to be a recipe for disaster in 21st-century Canada. There is no turning back the clock on the country's diversity.



DRAWING A NEW MAP Federal parties must adapt tactics as country changes, Chantal Hébert writes. RYAN TUMILTY / METRO

enhance the moral legitimacy of the unelected Senate to act as a chamber of sober second thought.

That is not the only politically related takeaway from the 2016 census numbers released on Wednesday.

Over the past five years immigration has accounted for two-thirds of Canada's population growth. Based on current trends, it will account for 80 per cent in less than 20 years. It will be hard for a political party to win government without policies and a lineup that reflect the country's diversity.

Flirting with anti-immigration sentiment may be a winning formula within par-

ties whose membership is reminiscent of a less diverse federation but it stands to be a recipe for disaster in 21st-century Canada. There is no turning back the clock on the country's diversity.

As long as the allophone vote was concentrated on the island of Montreal, a Quebec party could realistically hope

to win an election without reaching out to newer Quebecers. But now the mix of suburban Quebec, which holds the key to electoral success, is changing.

Quebec's population has grown at a slower rate than the Canadian average for four decades. At three per cent, it is still at a relatively healthy level. Quebec is home to almost twice as many people as British Columbia. It is not about to lose its place as Canada's second-most-populous province. Nor, for that matter, is Ontario's demographic edge on its sister provinces about to disappear. Central Canada will continue to be the federation's political powerhouse.

That being said, only a steady influx of immigrants stands between Quebec and the anemic demographic growth of the Atlantic region. The province's future as a French-speaking society rests on its success at keeping and integrating those immigrants into its mainstream.

Quebec's collective preoccupation with ensuring that French endures and thrives on the North American landscape will continue to distinguish the province's politics from those in the rest of the country.

But on just about everything else the issues that matter to an increasingly urban increasingly diverse Quebec are more similar to those that preoccupy the majority of voters in Ontario and in Western Canada than at any other time in the federation's modern history.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

VICKY MOCHAMA

Politics needs pop culture references now more than ever

In the days, weeks and months since Donald Trump was elected U.S. president, those who wanted a president well-versed in the constitution have been doling out blame and shame.

In all this, there is one group being unfairly targeted for blame: pop culture nerds.

People have taken to comparing the outcome of the American election and early days of the Trump administration to everything from Star Wars to The Hunger Games to Harry Potter.

But for every tweet suggesting Trump has all the tact of the Whomping Willow, there's another saying, "Stop making Harry Potter references. This is real life."

As if readers of Harry Potter have walked the halls of their schools, or faced the drudging misery of going to work everyday and thought, "Yes, this feels exactly like being at Hogwarts, a magical school on a hill full of wizards and wands."

Now that's unlikely.

Pop culture references are the nervous laughter of these turbulent times.

Remember when then-candidate Trump dropped the word "bigly" during a debate and we all chuckled while thinking, "Oh good good, he's making up words and he might be in charge of nuclear weapons."

In the face of a tumultuous future, pop culture creates comforting distance.

The people to chastise are

not the ones who have read books or watched movies about fascism and concluded that they are analogous to this moment.

If anything, those people should be applauded for basic reading comprehension.

It is the people who misunderstand books — Qur'an critics who cherry-pick violent passages to paint a broad swath of people as savage; bible fanatics who use the Good Book to advocate for Bad Things; and those misguided souls who feel Dr. Seuss' *How the Grinch Stole Christmas* is really all about the trickery of the Easter Bunny — who are a problem.

Interpreting culture can be dangerous. Everyone imagines fighting alongside Luke Skywalker for the Rebel Alliance, but few identify with Darth Vader's Stormtroopers.

As resistance to Trumpism builds, a demand for intellectual gravitas will exclude more people than it will include. Recognizing the danger ahead cannot solely be left to the historians and political analysts.

So: Is Donald Trump like Lord Voldemort? Of course not. Donald Trump is terrifyingly real. The lesson, however, is worth taking.

A generation of North Americans who have lived in relative safety are finding in pop culture an entry point for understanding the horrors of authoritarianism — and finding heroes, too.

That is a blessing, not an unforgivable curse.

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As technology and society get in the way, the 'hookup generation' is proving to be anything but — with more virgins than in older age groups

No sex please... we're millennials

A 2014 study found that about 15 per cent of American 20 to 24-year-olds have never had penetrative sex, a jump from 6 per cent in their parents' day. iSTOCK

Genna Buck
Metro | Toronto



Anna is a 23-year-old content specialist who's never had sex. She works from home for a Toronto start-up. She's attracted to men, but doesn't get to meet many. She's dipped her toes into the world of dating apps and OK Cupid, with some success.

While she's pretty confident she won't be a virgin much longer, Anna struggles with whether to be upfront about her status on something like Tinder, where many are looking for a quick hookup. But research shows Anna is not unusual at all.

Ryne Sherman and his colleagues set off a media storm when they published research in 2014 showing millennials in their 20s and 30s — the so-called

"hookup generation" — are anything but.

Compared to GenXers and boomers, millennials have fewer sexual partners and have sex less often, Sherman said. About 15 per cent of American 20 to 24-year-olds have never had penetrative sex at all. In their parents' day, that number was just six per cent. (The research in this area is still very heteronormative — the survey just refers to "sex" without specifying).

Researchers floated a few possible reasons for the trend: It's a hangover from fear-based sex-ed of the '90s; It's part of a trend towards less risk taking — today's young people do drugs less, drink less, and use condoms more than their parents did; It's a failure to launch — economic trends have landed many millennials at their parents' place, not the most conducive environment

for sexytimes.

But there's more to it than that. After the study was published, the mail poured in.

"We were hit with a bunch of stories like 'I'm 23 and a virgin. I don't have time for sex, I'm committed to my career,' especially from women," Sherman said.

Then there's another overlooked factor: The decline of the meet-cute. At least in person.

"I'm open to sleeping with someone, I just want to know them for maybe a month," Anna said. "People have been pretty respectful, but I don't want to engage until I feel ready."

Jessica*, 33, deals with the same problem. "Who would ever want to have sex with a girl in her 30s who's still a virgin? Must be something wrong with her."

All Jessica's relationship experience is virtual. In her teens and 20s, she spent a lot of time

on the Internet, playing multi-user games and interacting with people from all over the world. "I loved it ... but it also kept me away from real social experiences," she said. She was in a tumultuous romantic entanglement with a man for most of her 20s — but it was entirely text-message based.

Many of the virgins Metro spoke to went through some kind of struggle in their young adulthood with their sexuality or sexual orientation. Anna has a pervasive phobia of getting pregnant. Another woman tried penetrative sex and found it unbearably painful. A third had come to realize her sexual orientation was somewhere on the asexual spectrum.

One 24-year-old man said, "Simply put, the women I like don't like me back, so I've never been on a date. I don't have the

confidence for one night stands or casual stuff, and it doesn't interest me anyways because the romantic aspect is really appealing to me."

But several said they just hadn't met someone they wanted to have sex with who also wanted to have sex with them, and didn't feel an urgent desire to be partnered up — a possible side effect of a society that is gradually embracing the philosophy of "you do you."

Though people who have what researchers call "a late sexual debut" are at a higher risk of sexual function problems than those who lose their V-card at an average age, most do eventually have sex. "Biology is pretty powerful," Sherman said. "We all came from a long line of people who were interested in having sex at least once."

* Names have been changed

RELATIONSHIP VIRGINS

Today's climate — with new dates and hook-ups to be found, and banished, at the touch of a button — has produced another kind of virgin: The relationship virgin. Everybody knows one: a person who has had sex, but never settled down. Jason Brown, 35, is that kind of virgin.

Dating apps and websites strike him as superficial and fake. He says the worst part of long-term singleness is the pressure from friends and family.

"I depend on myself for everything. And at times it would be really nice if I had a teammate, he said. "But if I can't, I've proven that I'm more than capable of surviving and doing very well without anybody."

4 VALENTINE'S DAY CARDS TO CUT OUT FOR YOUR SPECIAL SOMEONE

Metro cartoonist Ani Castillo has turned her trademark talents to modern love with four takes on a Valentine's Day message for 2017. Cut them out and spread the love!

© Ani Castillo



Relationship status: it's very complicated

TERMINOLOGY

Why 'hanging out' leaves us hanging for a real definition

One of Metro's editors recently made a big mistake. She referred to her nephew and the woman he's seeing as "dating." No, he corrected her fiercely. They've been on dates. They're not dating.

It seems like those two things should be synonymous, but in modern parlance, they're not. We enlisted professional matchmaker Sofi Papamarko to explain the dizzying array of dating terms.

The way people define the stages of relationships has changed a great deal, even in just the past couple of years.

As recently as the 1990s, "If two people had gone out to the movies a couple of times, they were 'going out'" exclusively, Papamarko said; the same status their baby-boomer parents would have called "going steady."

But nobody says, "going



Professional matchmaker Sofi Papamarko. CONTRIBUTED

steady" with a straight face anymore.

Couples go through an increasingly common, and growing, limbo stage of dating/not-dating at the beginning of their relationship, especially if they meet on an app or website.

"Nowadays, 'dating' means exclusivity and exclusivity is ... a lot more hard won," Papamarko said.

"You can be seeing a lot of someone for months and if someone asks you if you're dat-

ing, vehemently deny it and say you're just hanging out."

"Hanging out" is what unofficial, not non-exclusive dating is called, Papamarko explained. Until the dreaded "what are we" talk, you're free to explore other options and assume your partner can do the same. This trend has affected how Papamarko advises singles who are looking for love.

"I tell my clients that a couple of great dates does not a relationship make."

GENNA BUCK/METRO

3 WAYS TO PIMP YOUR PROFILE

The wonderful thing about dating online in 2017 is how many apps there are to leave you wondering why your date never spoke to you again. Maybe there is a giant junk filter in The Cloud that has caught all those missed replies. Or maybe your profile just doesn't scream "serious." These steps will hit refresh on your profile.

Ask for what you want

People looking for long-term love are the least likely to say so. Emily Witt, who wrote the love-in-the-time-of-Wi-Fi book called *Future Sex*, says that the most common answer that users make private on OkCupid's questionnaire is that they are looking for a serious monogamous relationship. "It's best to be honest instead of pretending that you are just there by accident," Witt says.



Make it about you

Think of the text on your profile as talking points you are not-so-subtly suggesting your date ask you about. "If you don't write anything you look like a lazy dater," says dating consultant Shannon Tebb of ShannyInTheCity.

Wear your first date outfit in your profile pic

...and then wear your second date outfit on your first date. After all, your profile picture is the first time that the perspective love-of-your-life is going to see you. "Snap a shot of yourself dressed up," says Tebb. "You're showcasing your best self."

RYAN PORTER/METRO

+ = NSA?

Texting decoded

If Shakespeare were at work today, his sonnets may have read, "Shall I compare you to a peach emoji?" Today's text-based flirtations are an inscrutable mix of acronyms, secret codes and emojis that you might need to Google Translate your way through. Here are a few definitions to help:

LTR: "long term relationship," as in, go ahead and think about that fourth date.

NSA: a "no strings attached" sexual encounter; warning: actual strings may be attached.

DFMO: "dancefloor makeout"; minimal dancing required.

DTR: "define the relationship" — because an exclusive relationship is stressful enough without texting three complete words.

HRU: "how are you?", note: nobody is expecting a genuine answer to this.

VGL: "very good looking", as in "be warned that I am the kind of person who calls myself 'very good looking.'"

HWP: "height/weight proportionate," a.k.a. the H&M "medium."

CD: "cross dresser"; if you read this as "compact disc," you are in over your head.

Eggplant emoji: A euphemistic way to refer to the male genitalia that makes it impossible to grocery shop without giggling.

Peach emoji: A bum that upholds unrealistic body image standards.

RYAN PORTER/METRO

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A lovelorn teacher and a military man, they grew up less than two hours apart but found each other on the opposite side of the world before a whirlwind romance spanning continents. All in all, it's a...

Really epic love story

Megan Haynes
For Metro Canada



When Emily Beaton, 31, moved to Kuwait in 2013 to find adventure and mend a broken heart, she never predicted she'd find love.

Alone in a new country, the English literature teacher (who is teaching at a private British school), went online to make new friends. She met Rob LeHaie, 38, a military man from Michigan — two hours away from Beaton's hometown of London, Ont. She was smitten.

"He's so intelligent and articulate and wanted to talk about books," she says.

There was only one snafu: As a result of a high terror threat level, LeHaie wasn't allowed to leave the military base.

"(We spent our evenings) on Facetime and Skype calls. All we could do is talk," she says. "We had an old-fashioned courtship with a modern twist: It was

months before we met."

Three months, in fact, before they began their first date in the unlikelyst of places: Halfway around the world at a Tucson, Arizona airport restaurant.

LeHaie had returned state-side, so Beaton planned her trip home with a stop-over near his military base.

"When I first met him, I hadn't slept in 31 hours. I hadn't showered in 31 hours. And the airline lost my luggage," she says. He was waiting for her at the luggage carousel in his military uniform. "And (I thought) I've seen this in a movie. When I met him, I just relaxed."

But it wasn't one meal. The date spanned three cities in two countries over two weeks. After dinner, the pair boarded a plane to Michigan and spent a week with his parents before venturing to Canada to see her relatives. "It was an amazing first date."

They returned to Tucson where they spent 18 hours together, before Beaton board-

ed a plane back to Kuwait. "It ripped my heart out."

Six weeks later, while she was on a course in the U.K. to complete her PHD, he flew out to meet her. With a ring inspired by one of her favourite novels (as well as a copy of *Pride and Prejudice*), he proposed.

"Kuwait's rules are if you're a couple and you want to live together, you have to be married," she says. "So I used to joke, if you want to be with me, you know you have to marry me?" So, he did.

Then, in a potentially tragic twist, he was told he was being sent to Syria, she says.

"They told him to get his affairs in order."

Six months after meeting online, they tied the knot in a small ceremony near where they first met in person. (A last-minute surgery shelved his deployment to Syria, she adds. Now they plan on having a big wedding this coming summer.) After spending the summer together, they



Emily Beaton and Rob LeHaie tied the knot six months after they first met in person in Arizona after a whirlwind romance. CONTRIBUTED

see each other every six to eight weeks, and talk on the phone each morning and evening.

LeHaie is set to retire from the military in November, Beaton says, and will join her in Kuwait until her contract is up at the school is up.

Then? Who knows where the pair's next adventure will take them.

FOLKLORE

Juliet's spirit still mending hearts

Canadian author Glenn Dixon flew to fair Verona, Italy to participate in a decades-old tradition: People from all over the world who have been unlucky in love write letters asking for advice from Juliet. They mail her letters and stuff notes in the brickwork near the balcony where, according to local lore, she was wooed by her Romeo. A dedicated group of women — Juliet's secretaries — answer every single one.

Dixon worked alongside them, hoping to absorb some of their wisdom. He spoke to Metro about how Juliet's story helped him heal his own heartbreak.

What captivated you about this tradition?

I'd taught *Romeo and Juliet* for 20 years as an English teacher. In the back of our school textbook, there was a little essay on the letters to Juliet. I often thought it would be funny for a guy to go to Verona and work with these legendary secretaries of Juliet. They're a remarkable group of women.

Did you bring home any of the secretaries' wisdom and apply it to your life?

Originally, I'd never intended on having this be a part of the book, but it became unavoidable. On that first trip to Verona, I wrote my own letter to Juliet. I was in love with a woman for an embarrassing number of years. When I went to Verona the first time, she had just become single again. So I wrote a letter. I came back home to Canada. Seven months later, an answer appeared. And it was a good answer. But the timing was terrible. This woman I loved had become pregnant. The father moved in with her. My heart was broken. And that was just about the point at which I got the letter back from the secretary of Juliet. The letter came too late, just like in *Romeo and Juliet*. Just like *Romeo*, I went charging back to Verona. I thought, I'm not through yet.

Did it work? Or would that be a spoiler?

Someone else had come also at that point to answer letters. She'd had her own tragedy. And I can say that the second time I left Verona, I didn't leave alone. GENNA BUCK/METRO



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Some condo amenities can be costly

CONDO TRENDS

Buyers can't afford to be picky in heated home market

Duncan McAllister
For Metro Canada



Condo developers and real estate agents alike are always looking to get inside the heads of their prospective purchasers, seeking out the hottest neighbourhoods, the latest amenities and in-demand architects and designers.

Condo purchasers typically begin their search with a veritable laundry list of must-have attributes. The fact is, say the experts, that in this year's runaway market, you may have to whittle down that list somewhat to match the availability of inventory.

Ralph Fox and Kori Marin are Toronto real estate agents with their fingers on the pulse of Toronto's red-hot housing market through their company, Fox Marin Associates.

Marin says that most buyers' expectations change as they get out into the market.

"Our clients have certain wants and needs, but when they get out there and actually start looking at product, they realize that they can't get what they want for x-amount of dollars."

Fox says that a good agent will help purchasers navigate the complex condo search



A-list architects and designers like Quadrangle, Hariri Pontarini and Brian Gluckstein add allure and value to a condo, like this custom presentation gallery at the Art Shoppe Lofts and Condos, designed by Ciccone Simone. COURTESY: CICCONE SIMONE

process.

"When people come to us, they're often feeling a sense of overwhelm. Because the market is so big and because there's so many conflicting opinions out there."

Location is always a major factor in purchasing decisions. An address of distinction means bragging rights and according to Marin, Yorkville is yet again, an up-and-coming neighbourhood.

There are around 4,000 units in proposals slated to come online in the area.

"They're putting a lot of new

infrastructure in there," says Marin. "They've redone Hazelton Lanes, Equinox Fitness is there, Eataly Italian Market is coming and Barry's Bootcamp is coming in behind the Pottery Barn."

Andrew Ipekian is a real estate agent active in the downtown Toronto condo market. He says that building amenities are a major factor in purchasing decisions, but can boost the costs of the building.

"As for the extras, not everyone uses them and they raise condo fees. For example, a pool is one of the most expensive

aspects of condo living."

A big-name architect or recognized interior designer can be a big plus, he says.

"Tall glass condos have become boring. People want to be in a condo that looks and feels unique; something that is an expression of the neighbourhood."

In terms of location says Ipekian, "Anything near a subway, university or great shops and restaurants. With the traffic congestion, people want to walk. Yorkville, King West, the Waterfront, and the east end of Toronto are on fire."

+ CORRECTION

In the Jan. 26 edition of Meet the Condo — featuring AYC at 181 Bedford — the photo for a different development was accidentally used. Metro regrets the error. The correct image of AYC at 181 Bedford can be seen below, and also at metronews.ca/your-home/toronto. METRO



AWARDS

Builders and developers from the GTA recognized in U.S.

Bryan Tuckey
For Metro Canada



The GTA is home to some of the best building and development industry professionals in North America.

The work of local industry members frequently receives national and international recognition and praise.

In January, several of our builders, developers, designers and marketers were recognized south of the border

at the National Sales and Marketing Awards. Known as the Nationals, this annual competition honours the best in the industry across North America.

BILD members have a long history of winning at the Nationals. This year our members received 44 silver and 10 gold awards in a range of building, design and marketing categories.

One of the areas in which members did exceptionally well was in the architectural design of attached homes. Minto Communities received

two silver awards for their work on two Toronto-based developments.

The gold award in the Best Architectural Design of an Attached Home Plan category was presented to BILD member Brookfield Residential for a project in the U.S.

Local developers Empire Communities and Tridel were each honoured with two gold awards. Empire won the Best Social Media Campaign and Best Computer Generated Sales Tool while Tridel was recognized in the Best Print Ad

Campaign and Best Brochure Lifestyle Magazine categories.

Toronto-based marketing agency Montana Steele won the most trophies among BILD members, collecting 19 silver awards and two gold awards.

A highlight at this year's Nationals was the presentation of the prestigious Building Industry Community Spirit award to Losani Homes for its work with the Losani Family Foundation.

The annual award is presented to a builder-supported non-profit program or charity

and is judged on its originality, concept and execution.

Losani Homes is a builder from Stoney Creek that has been developing new communities in and around the Hamilton area since 1976. It formed the Losani Family Foundation in 2013 with the help of the Hamilton Community Foundation to help support Losani Homes' various charity work.

Last year the Losani Family Foundation partnered with Free the Children, a Thornhill-based charity helping impover-

ished children in developing countries, and helped build a classroom and a medical facility in Ecuador. The medical facility that will help service 12,000 people from surrounding villages deep within the Amazon jungle.

BRYAN TUCKEY IS PRESIDENT AND CEO OF THE BUILDING INDUSTRY AND LAND DEVELOPMENT ASSOCIATION AND A LAND-USE PLANNER WHO HAS WORKED FOR MUNICIPAL, REGIONAL AND PROVINCIAL GOVERNMENTS. FOLLOW HIM ON TWITTER @BILDGTA, FACEBOOK.COM/BILDGTA AND BILDBLOGS.CA.

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Guay golden in super-G

ALPINE SKIING

Two Canadian men medal for first time at championship

Erik Guay phoned up the mountain to teammate Manuel Osborne-Paradis after laying down a winning time in the super-G at the world alpine ski championship Wednesday.

His scouting report helped put two Canadian men on the world championship podium for the first time in the 44-year history of the biennial event.

At 35, Guay became the oldest skier to win a world alpine title. Osborne-Paradis collected the first world championship medal of his career with a bronze on his 33rd birthday.

"The fact that I'm able to share the podium with Manny really does make it that much more special," Guay told The Canadian Press from St. Moritz, Switzerland. "I knew I had to ski with a lot of intensity on this kind of course. Everything sort of fell into place today. I was good on the jumps, I was aerodynamic and my line was on point."

The father of three daugh-

ters from Mont-Tremblant, Que., edged Olympic champion Kjetil Jansrud of Norway by 0.45 seconds for the victory.

"Erik today showed us how it's supposed to be done," Jansrud said.

Osborne-Paradis of Invermere, B.C., finished 0.51 back of his teammate. He was serenaded by the finish-area crowd and got a hug from his mom.

Late in the start order with bib No. 26, he was minutes from pushing out of the start gate when Guay called with intelligence, telling him the course wasn't fast and to attack it.

“

I had tears in my eyes right away. Luckily I had goggles on so I don't think anybody caught that, but yeah, it was quite emotional.

Erik Guay

"You have a little bit more time between the gates to really think about it," Osborne-Paradis said. "It's not as much reacting as it is powering the ski and going for it."

"I watched Erik's run. He just got me fired up. He skied so well on the last split. I was cheering and pumped at the start. I got just so much more energy."

Osborne-Paradis also helped break up Norway's traditional super-G dominance by edging Aleksander Aamodt Kilde off the podium.

Canada's only other multi-medal performance in a single world championship race was



ABOVE: Erik Guay celebrates his title-winning run in the super-G at the world alpine ski championship on Wednesday in St Moritz, Switzerland.

JULIAN FINNEY/GETTY IMAGES

LEFT: Guay, left, shows off his gold medal next to Canadian teammate and bronze-medal winner Manuel Osborne-Paradis. It was Osborne-Paradis' 33rd birthday.

JOE KLAMAR/AFP/GETTY IMAGES

in 1982 when Gerry Sorensen and Laurie Graham won gold and bronze respectively in women's downhill.

Super-G, a speed event with

more turns than a downhill race, was added to the world championship program in 1987.

Guay was the men's world downhill champion in 2011.

He's also the most decorated Canadian in World Cup history with 24 career medals.

THE CANADIAN PRESS, WITH FILES FROM THE ASSOCIATED PRESS

IN BRIEF

Pre-season loss to college club 'a wake-up call' for TFC
A 2-1 pre-season loss to Cal State Fullerton didn't faze Toronto FC coach Greg Vanney. He saw it as serving a purpose for the MLS Cup runners-up.

Sunday's setback came on the eighth straight day of training in California.

"It was a little bit of a wake-up call that you don't get to just show up," Vanney said Wednesday.

THE CANADIAN PRESS

Canada rolling at Fed Cup

Canada's Katherine Sebov won her debut singles match at the Fed Cup on Wednesday to help her team to a 3-0 victory over Bolivia in Americas Zone Group I play in Metepec, Mexico.

Sebov, from Toronto, defeated Maria-Fernanda Alvarez-Teran 6-3, 6-2 and also teamed up with Charlotte Robillard-Millette of Blainville, Que., for a doubles victory.

THE CANADIAN PRESS

Falcons set to overhaul defensive staff after flop

After squandering a 25-point lead in the Super Bowl, the Atlanta Falcons are shaking up their defensive staff.

The team said Wednesday that coach Dan Quinn has dismissed co-ordinator Richard Smith and defensive line coach Bryan Cox, though Smith could stay with the Falcons in an advisory role.

THE ASSOCIATED PRESS

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IN BRIEF

Freeman, Morneau to lead Canada at World Classic
Sluggers Freddie Freeman and Justin Morneau headline the Canadian roster for the 2017 edition of the World Baseball Classic.

Freeman hit 34 homers and drove in 91 runs for the Atlanta Braves last season. Morneau, who has played in all three previous WBC tournaments, won the American League most valuable player award in 2006. The free agent has 247 homers over his big-league career.

Blue Jays J.A. Happ and Marcus Stroman cracked the American squad.

THE CANADIAN PRESS

Ex Knicks star Oakley kicked out of MSG

Former Knicks star Charles Oakley was escorted from his seats at Madison Square Garden after an altercation near team owner James Dolan on Wednesday night.

Oakley appeared to shove security guards before they pulled him away from his seat behind the baseline during the first quarter of the Knicks' game against the Los Angeles Clippers.

Oakley played for the Knicks from 1988-98, helping them reach the NBA Finals. He also played with Toronto from 1998-99 to 2000-01. The Knicks said in a tweet that Oakley "behaved in a highly inappropriate and completely abusive manner" and was being arrested. THE ASSOCIATED PRESS

Anthony under fire

NBA

Club president Jackson takes a dig at New York's star man

Phil Jackson may be trying to trade Carmelo Anthony because he's given up trying to change him. That seemed to be the conclusion Tuesday when the New York Knicks president of basketball operations broke his Twitter silence with a tweet that was another dig at the star forward.

In the tweet, Jackson referred to a column by Bleacher Report writer Kevin Ding that suggested Jackson is frustrated because

Anthony doesn't have the same will to win as Michael Jordan and Kobe Bryant, two of Jackson's greatest players when he coached.

Jackson tweeted on Tuesday: "Bleacher's Ding almost rings the bell, but I learned you don't change the spot on a leopard with Michael Graham in my CBA daze."

Jackson was referring to Michael Graham, a college star from Georgetown who never enjoyed much success in the pros. Jackson coached Graham on the Albany Patroons of the now-defunct Continental Basketball Association.

It was at least the third time this season that Jackson or some-



You don't change a spot on a leopard.

Part of Phil Jackson's tweet

one close to Jackson was critical of Anthony, the 32-year-old forward who remains the best player on the disappointing Knicks. That has triggered reports that Jackson is trying to trade Anthony, who acknowledged recently that the question is wearing on him.

"It definitely kind of tests you. It puts you to the test and you have to dig deep within yourself to get through it on a day-to-day basis and figure out a way to still go out there and play at a high level every night,"

Anthony said. "It is testing my will, it is testing me as a human being, but it is also making me stronger throughout this process." THE ASSOCIATED PRESS

Go to metronews.ca for coverage of the Raptors visit to Minneapolis on Wednesday night.



Carmelo Anthony
GETTY IMAGES

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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6	5	1	4	2	7	8	9	3
3	6	7	1	8	2	4	5	9
5	4	2	7	9	3	1	8	6
8	1	9	6	4	5	7	3	2
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Crunchy Turkey Lettuce Wraps



PHOTO: MAVA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

This dinner delivers zesty, satisfying turkey with all of crunch and colour of a salad.

Ready in 10 minutes

Prep time: 10 minutes
Serves 4

Ingredients

- 1 lb (ground turkey)
- 1 Tbsp of vegetable oil
- 1 red pepper, diced
- 1/2 cup water chestnuts, diced
- 2 scallions, chopped
- 1 clove of garlic, minced
- 1 tsp ginger, minced
- 1 Tbsp rice vinegar
- 1 Tbsp soy sauce
- 1 Tbsp Sriracha
- 1 head of Boston or bibb lettuce
- small handful of cilantro, chopped
- small handful of unsalted cashews, chopped

Directions

1. Warm the oil in a large skillet over medium heat. Add the turkey and break it up with a spoon as it browns until almost cooked through.

2. Add the peppers, garlic and ginger and keep pushing everything around until it smells amazing and the vegetables begin to soften. Pour in the vinegar, soy and Sriracha, along with the water chestnuts and give it all a stir.

3. Check that the turkey has cooked through. Put the mixture in a serving bowl.

4. Place the meat, whole lettuce leaves, chopped cilantro and nuts on the table and let everyone assemble their lettuce wraps.

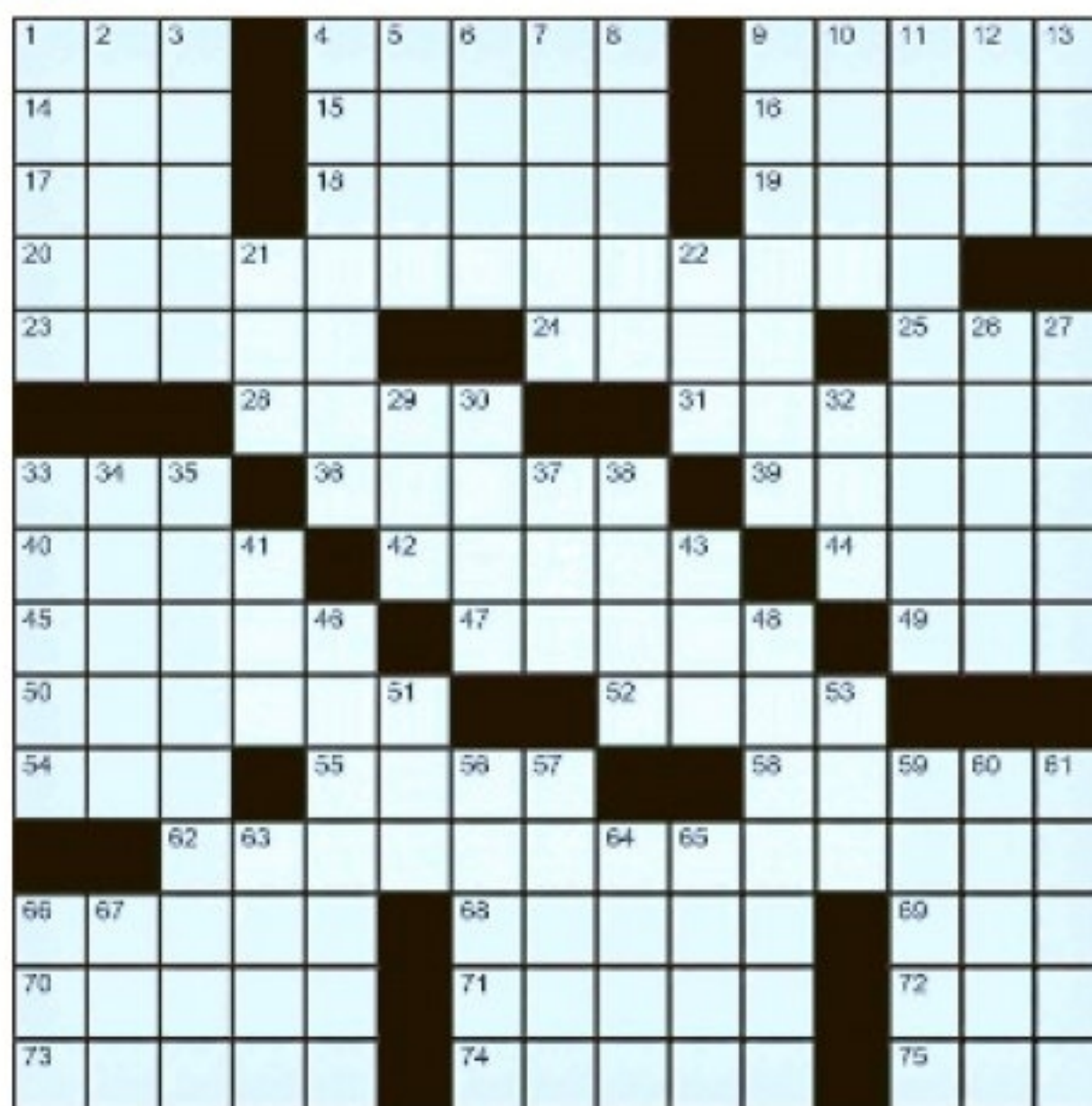
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Phone's 8 letters
- Highway exits
- Awestruck
- News agency, e.g.
- Manicurist's board
- Simon of Duran Duran: 2 wds.
- Mr. Perlman
- Fancy tongue
- Dostoyevsky novel, and Punishment
- NWT: Scenically extending from Yellowknife to Tibbitt Lake, Highway 4 as it is commonly known: 2 wds.
- Food packaging meas.: 2 wds.
- Charles Dickens books illustrator's nickname
- 'I' in FWIW
- Ms. Ward
- Canadian writer, Yann (Author of Life of Pi)
- Clothe
- Do a cleanse, informally
- Heighten
- Canadian actor Raymond of "Perry Mason"
- Wristwatch company
- Puppy's cry
- Exorbitant
- Singer/pianist, Ray Joel
- Used the bench
- Ready-made, as some houses
- Emulate John Hancock
- Red Cham-



- ber fig.
- Mountain lion
- Shakespeare's feet?
- Song by Canadian band Sheriff that goes "And I never lived for nobody...": 4 wds.
- House 'story'
- Paul Anka song

- Good: French
- Sierra
- The Windsors watch horses race here
- Heart singer Ms. Wilson
- Cow milking area
- Beamed
- Susan of "The Par-

tridge Family"

DOWN

- Shroud of
- Winning by a point: 2 wds.
- Twenty: French
- Akin
- Nursemaid
- Prefix to 'morph-

- osis'
- Dress diligently
- EDM instrument
- Spain palace attraction, of Seville
- Ginger Spice
- Skills
- Cheering prop half
- Chem. ending

- "Legally Blonde" (2001) star...her initials-sharers
- The Pacific
- 'Mechanical Resonance' band
- Counted sheep
- WKRP employee
- Over-fed = lot
- Light beam
- Recipe measurements, e.g.
- Outlandish
- Canadian actor Bruce in Madonna movie "Swept Away" (2002)
- Texas tea
- Vintage models of Jags
- NHL official
- Tip to 'date' (Get rusty)
- One adhering on-a-roll sheets to walls
- Shake
- Roll
- "Don't think so."
- King with a golden touch
- People in "Witness" (1985)
- "That mistake is all mine": 2 wds.
- 1950s crooner Pat
- Cheerful
- Fine-tune
- Texas city
- Aware of the surprise: 2 wds.
- Bug of winter
- Showed the way

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
A friend will surprise you today. Alternatively, you might meet someone new who is a real character. Even your relations with clubs, groups and organizations will be unpredictable.

Taurus April 21 - May 21
Something might suddenly throw you into the spotlight today, because people notice you. Perhaps a discussion with a boss ultimately will give you more freedom.

Gemini May 22 - June 21
Unexpected opportunities to travel or learn something new today will fall into your lap. Stay light on your feet so that you can react fast, because your window of opportunity will be brief.

Cancer June 22 - July 23
Double-check everything to do with shared property, inheritances and bank accounts today, because something unexpected will occur. Hopefully, it will be good news. Do not be caught off guard.

Leo July 24 - Aug. 23
A discussion with a partner or close friend will be enlightening today, and you might even put a new spin on your relationship. It's possible that someone will throw you a curveball.

Virgo Aug. 24 - Sept. 23
Something different will occur during your daily work routine today. New high-tech equipment might arrive, or someone unusual might suddenly join your ranks. Be ready.

Libra Sept. 24 - Oct. 23
A surprise invitation to a social event might delight you today. Sports events will be exciting. This also is a classic day for love at first sight.

Scorpio Oct. 24 - Nov. 22
A parent might say or do something today that you least expect. Something will happen within your family or at home that is exciting. You might bring home something new and high-tech.

Sagittarius Nov. 23 - Dec. 21
Today you're full of bright and clever ideas, because you easily can think outside the box. One thing is certain: Your daily routine will change. Be prepared.

Capricorn Dec. 22 - Jan. 20
You're full of clever money-making ideas today. However, something unexpected also might affect your earnings or finances. Keep your eyes open.

Aquarius Jan. 21 - Feb. 19
Today you feel restless and rebellious. Your freedom will be very important. This is why you have to do your own thing today.

Pisces Feb. 20 - March 20
Something hidden might catch you off guard today, but it might make you feel liberated. This also is a classic day for secrets to be revealed.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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